



# SEA KING CONNECTION



**Crown Valley Elementary School PTA  
A California Distinguished School**

Principal, Tony Bogle

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## Message from our Principal Tony Bogle

I presented this article last year in Crown Valley's PTA Newsletter. I received very positive feedback. Given that we will soon begin student goal setting conferences, I thought it would be appropriate to run it again this year. I hope you don't mind.

The following is an excerpt from Michael Josephson, founder of *The Josephson Institute of Ethics* and *The Character Counts Program*:

### Let the Butterfly Struggle

There's a parable about a new mother who discovered a butterfly struggling mightily to escape its cocoon through a tiny opening at the top. She became concerned when the creature seemed to give up after making no progress. Certain the butterfly wouldn't make it out without help, she enlarged the hole slightly.

On its next try, the butterfly wriggled out easily. But the young woman's joy turned to horror when she saw its wings were shriveled and useless. Her well-intentioned intervention had interrupted a natural process. Forcing the butterfly to squeeze through a small opening is nature's way of assuring that blood from the creature's body is pushed into the wings. By making it easier, she deprived the butterfly of strong wings.



**Principal's Message Continued on Page 3 . . .**

## Message from our PTA President Kim Schiedow

Dear Crown Valley Families,

Now that we have couple of months back into the routine of school, carpools, homework and extra curricular activities; I have noticed that the holidays are quickly approaching. Don't get me wrong, I love this season! This year I am going to take a new approach (I don't have to be Martha Stewart) I am going to keep it simple. Sure we will still have all the traditions and the food; I just will change my attitude on what perfection is. This year it is going to be about the time spent and conversations with the people I love; not about the perfectly clean house and the table setting. Here are a few ideas' I would like to share, some I have done and some have been shared with me.

1. During dinner have members of the family tell what they are thankful for or share something that they are thankful about the person seated next to them (This is my favorite, we do it every Thanksgiving).
2. Bake with your kids.
3. Have older kids make dinner (Tanner loves to make grilled cheese for us).
4. Take a walk with your kids and talk about what you see.



**PTA President's Message Continued on Page 3 . . .**

## NOV/DEC 2008

### Highlights

- **Tuesday, Nov. 4: Election Day.** Don't forget to vote!
- **Monday—Friday Nov. 3-7** Fall Book Fair. Family night TBA
- **Monday, Nov. 10 and Tuesday, Nov. 11: Veteran's Day Holidays** No school
- **Order your year-books now!**
- **Upcoming PTA Meetings:** Wednesday Nov. 19 and Wednesday Dec. 17 both at 1:00 in the library. Please join us!
- **Nov. 24-28: Thanksgiving Holiday**
- **Dec. 22 — Jan.2: Winter Holiday**



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**JOIN THE PTA TODAY!  
YOUR MEMBERSHIP  
BENEFITS YOUR CHILD!  
YOU MAKE A DIFFERENCE  
FOR THE CHILDREN!**

**PTA MEETINGS**

Please join us the third Wednesday of each month at 1:00 p.m. in the

School Library:

November 19

December 17

January 21

February 18

March 18

April 15

May 20



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**PTA MEMBERSHIP  
CONTEST**

Our PTA membership contest ended October 3 with 222 members joining the PTA this year. Prizes were awarded to the classes with the highest percentage of memberships:

**1st Place — Pizza Party**

Mrs. Alexander's 2nd grade class

**2nd Place — Popsicle Party**

Mrs. Freet's 5th grade class

**3rd Place — Popsicle Party**

Mrs. Tierney's 3rd grade class

There is still time to join! Send in your membership now to support our children! Joining the PTA does not commit you to volunteer for anything — it only supports our children.

If you have any questions, please contact Heidi Schmiedeke at [hschmed@yahoo.com](mailto:hschmed@yahoo.com).

Thank you for supporting our children!

**PTA MEMBERSHIP**

Please join the PTA today. Joining the PTA benefits only your children and all the children at Crown Valley. Your membership is vital to the success of the PTA and the programs that the PTA sponsors for our children.

Becoming a member of the Crown Valley PTA does not obligate you to endless hours of PTA meetings or volunteer hours. Of course, your participation and help is always welcomed and appreciated. Your membership dues only goes to support the PTA programs throughout the year.

Some of the programs that the PTA sponsors are the following:

- Meet the Masters Art Program
- Classroom Enrichment for Teachers
- Field Trips for Students
- Educational Assemblies
- Book Fair
- Red Ribbon Week
- Teacher Appreciation
- Science Fair
- Parent Education
- Family Nights
- Legislation
- Character Counts Program
- Spirit Wear
- Year Book

**PTA COMMITTEE CHAIRS**

We still have a few open Committee Chair positions:

Hospitality: **OPEN**

Parent Education Series: **OPEN**

Reading Incentive Program: **OPEN**

Safety: **OPEN**

Website: **OPEN**

Please contact Kim Schiedow at [kschiedow@cox.net](mailto:kschiedow@cox.net) if you would like to volunteer for any of the OPEN spots!

**Food Drive**

Thank you to all the students and families who helped make the recent food drive a success. The food is being shared with people in need through South County Outreach.



**ORDER YOUR YEARBOOK  
TODAY!**

YEARBOOKS ON SALE NOW!

FULL COLOR

\$25 each

DON'T MISS OUT!

PRE-ORDERS ONLY!

There will not be extra available at the end of the year!

KEEP THE MEMORIES!



**Holiday Gift Boutique**

Our Holiday Gift Boutique will be held this year from December 15-19. This is a wonderful event for Crown Valley students to shop for holiday gifts for mom, dad, grandparents, siblings and friends. Parents can shop, too!

Most items are under \$4.00!

If you would like to help with our gift boutique, please contact Paula Heffer at [pheffer@cox.net](mailto:pheffer@cox.net).

**Family Dinner Nights**

Thank you to all of the families who participated in our first Family Dinner Night at Ball Park Pizza! We had 29 families participate for a total check to our PTA of \$200!

A BIG THANK YOU also to Ball Park Pizza for their participation!

More Family Dinner Nights to come!



**Book Drive**

Coming in November or December!!!

Save all of your books for donation during our fall book drive. Donations will go to the school library, classrooms and charity. Thank you to Heidi Schmiedeke, our Book Drive Chair, for organizing this event!



**Message From Our Principal, continued**

Childhood, too, is a sort of cocoon. If children are to emerge emotionally strong into adulthood, parents must allow, even encourage, them to struggle, make mistakes, learn from them, and pay a price for bad judgments and conduct.

Of course, good parents should be ready to protect their children from serious harm. But being overprotective can itself inflict damage. Adversity is not always an enemy. It's often teaching that helps a young person develop wings strengthened by self-confidence and self-reliance.

Helen Keller once said, "Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved."

Being a parent myself, I am guilty of being overly protective of my children, as well. However, are we doing them a disservice by not allowing our children to fail at times? In athletics, mistakes (falls) happen while the athlete is trying something new (learning). It is important that our children understand we will support and protect them, but from the sidelines; we cannot play the game for them.

Tony Bogle,  
Principal

**Message From Our PTA President, continued**

- 5. Pick out a classic and read the book as a family.
- 6. Have a game night.

Share a meal with another family.

You and your family go to a shelter and serve a meal.

Make popcorn and have an in home movie night.

Make popcorn, put on pj's, grab blankets, and drive around town to see all the holiday lights. Sing carols, eat popcorn, and have a blast with your children.

Remember the season is about your family and the time you spend together. Start traditions or continue the ones you already have. Open up those lines of communication with your kids. I love it when they teach me something new.

Happy Holidays,

Kim Schiedow

Crown Valley Elementary PTA President

[kschiedow@cox.net](mailto:kschiedow@cox.net)

**STUDENT COUNCIL  
ELECTIONS 2008-2009**

Student Council elections were held the week of September 15, 2008. Students posted their posters around the campus starting on Monday morning and gave their speeches on Wednesday morning.

There was great participation this year! Many people ran for office, but of course not everyone could be elected. Congratulations to all of you who ran for office! Whether you were elected or not, it is a wonderful thing to want to represent your school! You should all be proud of yourselves!

Congratulations to our new student council for the 2008-2009 school year:

- President: Chloe Hopper
- Vice President: Trevor Haralson
- Activity Coordinator: Jack Galloway
- Publicity: Bailey Perry
- Secretary: Aidan Gerard
- Officers of the Cabinet:
- Special Education: Luke Myer
- Preschool: Jayne Barber
- Kindergarten: Courtney Frickman
- 1st Grade: Summer Higgins
- 2nd Grade: Mia Carney
- 3rd Grade: Evan Harper
- 4th Grade: Cody Curtis
- 5th Grade: Kaylee Hepburn



JOIN  
THE  
PTA  
NOW!



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THE  
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## SCHOOL FUNDRAISERS

There are many fundraisers throughout the year at Crown Valley that will benefit our students. Please take a moment to look these over and see if you can help in any way. Remember, the work of the PTA in raising funds for our school only benefits our students!

### Gift Wrap—"Reach For The Stars"

Thank you to all of the families who supported our school by purchasing items from Great American this year!

### Box Tops for Education

Collect your BOX TOPS for education everyday, all year long! Each box top is worth 10 cents! With everyone collecting them, they add up fast!

Turn in your box tops to your teacher with your name, grade and teacher's name. The classroom with the most box tops will receive a **popsicle party!**

### Cartridges For Kids

We are collecting used ink cartridges and old cell phones. Our school gets credit for recycling these items. Simply bring them to your teacher or the front office.

### Shopping!

There are several on-going fundraisers that benefit Crown Valley just by shopping!

1. Target Stores: Target will donate 1% of your purchase to our school. Use your Target card for purchases and indicate that you would like to benefit Crown Valley.
2. Albertson's: Albertson's will donate a percentage of purchases through Albertson's Community Partners. Log on to [www.albertsons.com](http://www.albertsons.com) and click on "community" to set up your rewards card to designate that your choice of schools to receive benefits is Crown Valley.
3. E-script: It's FREE, it's EASY, it's POWERFUL! Support Crown Valley and sign up with E-script. Go to [www.escript.com](http://www.escript.com) and enter our group ID#6493094.

**THANK YOU FOR SUPPORTING CROWN VALLEY ELEMENTARY SCHOOL!**



## FALL BOOK FAIR: NOVEMBER 3-7

The Book Fair Safari is coming to our school from Monday November 3rd to Friday November 7th.

It is an exciting event for students and families, and we want to share this celebration of reading with you. The Book Fair is one of the highlights of the school year and we are wildly excited about this one.

### **Why?**

5. Families shop together in a fun-filled, safe environment here at school and connect by reading together and sharing a love for books.
4. Scholastic brings us hundreds of quality books, suitable for every interest and reading level.
3. Scholastic offer exclusive editions of popular books with special low prices.
2. Book Fair profits allow us to add to our library, classroom libraries and finance PTA activities.
1. Kids associate books and reading with fun, not just homework.

We hope you join us on our Book Fair Safari.

Showing your child that reading really matters is one of the best examples you can possibly set.

If you would like more information, visit <http://bookfairs.scholastic.com/homepage/crownvalleybf>

To make this event successful we still need volunteers to decorate, set up and work the register. Please send an email if you are interested in volunteering to [pascaleinusa@cox.net](mailto:pascaleinusa@cox.net).



**SOMA!**  
**Read!**

**OTA!**  
**Dream!**

**KUA!**  
**Grow!**

# ATTENTION PARENTS !!!! DON'T FORGET TO VOTE ON TUESDAY NOVEMBER 4TH !

Please note:

1. The California State PTA has voted to SUPPORT Proposition 3, the Children's Hospital Bond Act.
2. The California State PTA has voted to OPPOSE Proposition 6, the Police and Law Enforcement Funding measure.

## 5th Grade Science Camp



In January, our fifth graders will be going to Science Camp in the San Bernardino mountains for an amazing learning experience!

To help off set the cost of camp for all of our campers, our Science Camp Committee will be offering different fundraisers between now and December.

On October 14, we kicked off our first fundraiser — frozen pie and cookie dough sales. The students will sell 7 kinds of frozen cookie dough and 4 kinds of frozen pies. Orders are due October 28 and products will be delivered on November 5. Please arrange to pick up your student that day, as we cannot hold any product overnight!

Students also sold "Boo grams" in October and will sell "Jingle grams" in December. We will sell See's Candy in November. Any money earned by a student will go towards his/her individual camp fund. Please help support this very important program for our 5th grade students and buy your pies and cookies dough from a 5th grader today!

If you are the parent of a fifth grader, we need your help! If you would like to help with the science camp committee, please contact Carol Wick at 360-6616 or [wick65@cox.net](mailto:wick65@cox.net).



Thank you for your help and support!

## CALIFORNIA BUDGET UPDATE

California school districts have been informed to "brace for the worst". According to the newest projections, the state revenue will be about \$3 BILLION less than originally estimated. At this point we do not know exactly what this all means to our students. Some activists are concerned that the resolution of this problem will mean massive cuts to education. Others are concerned it will lead to tax increases. Most likely, one or both of these will be necessary. Our district's PTA Legislation team is very proactive on this issue, and we will keep you informed as things develop.

Maryanne Rose  
Legislation Chair

## Conference on ADHD

The 20th Annual International Conference on Attention-Deficit/Hyperactivity Disorder will be held at the Anaheim Hilton November 12-15. This conference is held by CHADD (Children and Adults with Attention/Hyperactivity Disorder). It is designed for parents, caregivers, health care professionals, educators, psychologists, physicians and adults with AD/HD. For more information, and to register for this conference, go to [www.chadd.org](http://www.chadd.org).

Maryanne Rose, SELF Chair

## Red Ribbon Week



Thank you to Cathy Polgar and the Red Ribbon Week committee for an outstanding week October 20-24.

Students had a fun week dressing up while learning about making healthy life choices and the hazards of drugs.

JUST SAY NO!

## PARENT VOLUNTEERS

Our school district has implemented new procedures for people who volunteer their time with children. Any person who will have contact with students must have a Megan's Law check, be fingerprinted and get a TB clearance from his/her doctor. Fingerprinting can be done at the OC Sheriff's station at (425-1801) or the OC Dept. of Education at (714) 966-4306. Call for your appointment now. TB testing can be done by your doctor.

All requirements must be completed by December 1, 2008. See [www.capousd.org](http://www.capousd.org) for more details.

## WANTED!!!

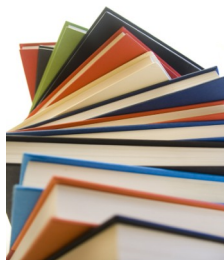
We are looking for a rug to put in the library for the kids to sit on while they are listening to the librarian/volunteer/teacher read to them. The space for the rug is about 8'x8'. If anyone has a rug they would like to donate, please contact the office.



## Dolphin Book Club

Donate a book in your child's name to our school library! A list of books will be available from which you may choose a book to purchase and donate to the library. Your child's name, date and grade will be placed inside the book.

If you have any questions, or would like to donate a book, please contact Heidi Knight at 249-8979 or



## Join the Cub Scouts!!

Does your son want to become part of a great group of boys that form great friendships, participate in fun activities, and become involved in the community?



Come and join the Cub Scouts. All grade levels from first to fifth are eligible to participate in scouting.

Our meetings are the last Friday of each month at 6:30 pm in the Crown Valley Carole Allen Auditorium.

Please join us and see what scouting is all about. If you have any questions, please contact Carol Wick at 360-6616 or [wick65@cox.net](mailto:wick65@cox.net).

## November/December 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Nov.
2	3 Book Fair Safari	4 Election Day	5	6	7 Spirit Wear Day	8
9	10 Veteran's Day Holiday No School	11 Veteran's Day Holiday No School	12	13	14 Spirit Wear Day	15
16	17	18	19 PTA Meeting at 1:00 in the library	20	21 Spirit Wear Day	22
23	24 Thanksgiving Recess — No School	25	26	27 HAPPY THANKSGIVING!!	28	29
30	1 School Resumes	2	3	4	5 Spirit Wear Day	6
7	8	9	10	11	12 Spirit Wear Day	13
14	15	16	17 PTA Meeting at 1:00 in the library	18	19 Spirit Wear Day	20
21 Hanukkah begins	22 Winter Recess — No School	23	24	25 Merry Christmas!	26	27
28	29 Winter Recess — No School	30	31 Happy New Year's Eve!			



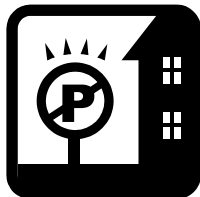
**DAYLIGHT SAVINGS: At 2:00 a.m. on November 2, turn your clocks BACK 1 hour.**



**Look up Crown Valley Elementary School on the Web!**

**Crown Valley Elementary School web site:** <http://www.capousd.org/cnves/>

**Crown Valley PTA web site:** <http://crownvalleypta.com>



SOME THINGS TO REMEMBER

- PLEASE USE THE CROSS WALK
- ALL VISITORS MUST SIGN IN AT THE OFFICE
- DO NOT PARK IN THE DROP OFF ZONE
- DO NOT DRIVE INTO THE STAFF PARKING LOT
- OBEY THE CROSSING GUARD



Dates to Remember

Nov. 10 Veterans Day  
 Nov 24-28 Thanksgiving Holiday  
 Dec 22-Jan 2 Winter Break  
 Jan. 5 School Resumes

**2008/2009 Daily Schedule**

	K-Early	K-Late	1st	2nd/3rd	4th/5th
<b><u>M,T,W,F</u></b>					
Start	7:45	9:30	7:45	7:45	7:45
Recess	10:07-10:37	10:07-10:37	9:30-9:50	9:30-9:50	9:55-10:15
Lunch	n/a	n/a	11:00-11:40	11:25-12:05	11:50-12:30
Recess	n/a	n/a	12:50-1:10	12:50-1:10	n/a
Dismissal	11:15	1:00	2:05	2:05	2:05
<b><u>Thursday</u></b>					
Start	7:45	9:15	7:45	7:45	7:45
Recess	10:07-10:37	10:07-10:37	9:30-9:50	9:30-9:50	9:55-10:12
Lunch	n/a	n/a	11:00-11:40	11:25-12:05	11:50-12:30
Dismissal	10:45	12:15	12:50	12:50	12:50

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